

## +INFO

For more information about the services of "Le Spa d'Elsa", please contact us using the contact form at the bottom of the page on our [website](#) or call +351 912018254 // +351 916609748

## MASSAGES

### **Aromatherapy Massage**

50min = 40€ | 80min = 60€

Personalised massage using essential oils to relax, decongest and beauty the body.

### **Balinese Massage**

50min = 40€ | 80min = 60€

Full body massage using traditional techniques with acupressure and reflexology.

### **Lomi Lomi Massage**

80min = 60€

Deep relaxing massage using long movements of hands and forarms, releases energy and stimulates circulation.

### **Sport Massage**

50min = 40€

Deep tissue massage with stretching relieves muscular tension.

### **Draining & Slimming Massage**

50min = 40€

Specific massage using "anti-cellulite" and draining techniques, helps to release toxins and stimulates the microcirculation.

### **Pre / Pos Natal Massage**

50min = 40€

Wellbeing and de-stress massage given after the first trimester of pregnancy or after birth.

## BEAUTY TREATMENTS

### **Radiance Facial**

60min = 45€

Personalized facial with scrub, moistening and gentle massage of the face. Neck, and shoulders, followed by a deliciously moisturising face mask.

**De-Stress Face Massage**

30min = 25€

Massage concentrate on the muscles of face, neck, decollete and upper part of the back.

**The Exclusive Face & Body**

110min = 80€

The combinations of the massage of your choice with a personalized facial.

**Complete hand or Foot Theraphy**

50min each = 30€ each

Full manicure or pedicure including nail polish application.